



University Foundation Programme

Sample timetable - Term 1

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
	Group A	Group B	Group A	Group B	Group A	Group B	Group A	Group B	Group A	Group B	
09.30	Study Skills ¹	Self-study	Self-study	Study Skills ²	IELTS ¹	Study Skills ³	IELTS ²	Self-study	Self-study	Study Skills ⁴	Full day trip twice a month
11.00											
11.30	Self-study*	Study Skills ¹	Study Skills ²	Self-study	Study Skills ³	IELTS ¹	Self-study	IELTS ²	Study Skills ⁴	Self-study	
13.00											
14.00	Subject choice 1		Subject choice 2		Learning Support		Subject choice 3		Half day trip or social activity		
15.30	Subject choice 1		Subject choice 2		University Applications		Subject choice 3				
15.45	Subject choice 1		Subject choice 2		University Applications		Subject choice 3				
17.15											
19.00	Homework**		Social Event		Homework or Monthly Event		Homework		Free time		
21.00											

*Self-Study periods are for additional reading, research, reviewing concepts and ideas taught in class, reflection, revision and working on personal statements.

**These are recommended times to do homework. Additional homework may be required at weekends, especially when coursework is due.