



Elective: Archery

Overview

Students learn the basic skills of archery and improve their techniques and accuracy through a variety of fun practice activities. No prior experience is required.

Learning Outcomes

Students will be able to:

- Demonstrate the correct stance for firing an arrow.
- Hold, draw and release the bow in a safe way.
- Set-up and aim an arrow in a safe and correct manner.
- Aim with greater accuracy.
- Demonstrate safe behaviour in the firing and collection of arrows.

Language Outcomes:

Students will be able to:

- name different parts of a bow and arrow in English.
- follow simple instructions for loading and firing a bow and arrow.
- use English to describe safe behaviour.

Sample Content

SESSION 1	SESSION 3
Safety briefing Basic skills: <ul style="list-style-type: none">• Basic stance• Holding the bow• Nocking an arrow• Firing the bow "Bake a cake" game	<ul style="list-style-type: none">• Accuracy drills.• Further practice.• Balloon pop game.• How to score.
SESSION 2	SESSION 4
<ul style="list-style-type: none">• Basic skills review• Practise drills• "Knock out" game	<ul style="list-style-type: none">• Further practice• Split the arrow challenge• Archery competition



FAQs.

Do students need to bring any special equipment?

No, all equipment is provided. Students should bring a sweater and rain coat in case of poor weather and some closed-toed shoes or trainers.

Is the course suitable for experienced archers?

The course is aimed at students with little or no prior experience of archery. Experienced archers are welcome to participate but will be in the same group as beginner level students.

HOURS BREAKDOWN PER 2 WEEK COURSE	
TUITION HOURS	PROGRAMME CONTENT
English Tuition: 30 hours	Project work in the classroom (student learn through doing a project with a specific outcome such as a magazine, short film or performance)
Electives Tuition: 18 hours	Chosen elective . Students choose 3 electives per course. Language learning is integrated into all these activities. Students each receive a handbook containing instructions, tips, activities and language tasks.
TOTAL: 48	
ACTIVITY HOURS	
Evening Events: 20 hours	Evening events. The students usually come together as a group for the evening programme. Students participate in range of creative games, contests and shows which encourage team work, cooperation and above all communication in English.
Free Activity Time: 6 hours	Activity time These sessions are more relaxed with the focus on fun, making friends and relaxation. Activities can be sports, arts and crafts or whole group activities such as a Country Fair or a Sports Tournament.
TOTAL: 26	
STUDY TOURS	
Study Tours: 3 days (9am-6pm)	Study Tours: Every student attends 3 full day study tours over a two week course. Students are prepared for study tours in class and the trips are integrated into the academic programme. Every student will visit London at least once during their stay. Other popular destinations include: Oxford, Warwick Castle, Greenwich, Cambridge and Brighton.