



Bell

EST 1955

Football



You will focus on technical aspects of the game including: dribbling, passing technique, goal shooting, goal keeping and approach to headers and tackling.



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On our website
bellenglish.com/younglearners

Develop a strong academic foundation for the future

Students will take part in a football tournament and receive certificates and/or trophies for the player of the week.

On this Academy, students will:

- Develop football skills in the areas of dribbling, passing & shooting.
- Learn how to work in a team and develop tactical understanding of the game.
- Learn specialist vocabulary and useful phrases for playing and talking about football.



Sample timetable

TIME	SESSION CONTENT
13:30-15:00	Team specific warm up
	Passing and moving practise focusing on first touch
	Exploring different types of passes within the game
	Conditioned games focusing on passing and moving
15:30-17:00	Small sided matches
	Cool down and stretches

Summary

School	Bell St Albans
Courses	Summer Explorer
Tuition	1 week, 9 hours
Age	11-17
Min. language level	Pre-intermediate
Fee	£100 per one week course