

# Tennis

The UK is home to the famous annual Wimbledon Championship. Enhance your technique through professional tennis tuition. All coaches are qualified by the LTA (Lawn Tennis Association) and have experience teaching students of all abilities.

Students will play on a range of surfaces, working on their forehand, backhand, volley shots and serves, and will get to apply their new skills in regular games.



## Develop a strong academic foundation for the future

Want to experience Wimbledon-style grass court tennis?

Our Tennis Academy will develop your techniques and tactics of the sport on a range of different surfaces as well as supporting your language learning within the tennis environment.

Our Tennis Academy will be coached by a qualified Lawn Tennis Association (LTA) coach who has experience working with all ages and abilities.

### On this Academy, students will:

- Learn, practise and improve a range of ball control and positioning skills such as serves, forehand, backhand and volleys.
- Develop your understanding of different tactics on different surfaces.
- Learn specialist vocabulary and useful phrases for playing and talking about tennis.

## Summary

School	Bell The Leys
Courses	Summer Explorer
Tuition	2 weeks, 18 hours
Age	11-17
Fee	£225 per two week course

Please note that there must be a minimum of 8 students enrolled for this Academy to run.

### Sample session

TIME	LOCATION	SESSION CONTENT
13:30-15:00	Bell The Leys - Tennis Courts	Tennis specific warm up Backhand practice Modified tennis game focusing on the backhand Conditioned games focusing on the backhand
15:30-17:00	Bell The Leys - Tennis Courts	Doubles matches Cool down - stretches

